

## OUR STAFF



**Roger Lauer**, Ph.D., Clinic  
Director/Owner, Licensed Psychologist,  
Clinical Neuropsychologist

**Lisa Woodcock-Burroughs**, Ph.D., L.P.,  
N.C.S.P, Licensed Clinical Psychologist,  
National Certified School Psychologist

**Jodene Goldenring-Fine**, Ph.D.,  
Licensed Psychologist, Clinical  
Neuropsychologist

**Linda S. Jones**, M.S., L.L.P., Limited  
License Clinical Psychologist,  
Psychotherapist

**Jen McCulloch**, LMSW, Psychotherapist,  
Certified School Social Worker

**Joanne Smith-Darden**, MSW, CCC-  
SLP, Ph.D, Educational Advocate

For more information about our clinic or our  
services, please visit our website  
at [CNLD.org](http://CNLD.org) or call the clinic at  
**734.994.9466**

## ABOUT CNLD

CNLD was founded over 20 years ago by Dr. Roger Lauer to serve Southeast Michigan and the greater Ann Arbor community by providing quality mental health care for children, adolescents, adults and families.

Our motto, *Developing Unique Minds and Impacting Lives*, speaks to our commitment to assist individuals in maximizing their potential and being the best possible version of themselves that they can be.

CNLD is best known for our expert clinicians, commitment to providing thorough intervention (what needs to be done, in what order and specific professionals with whom to work) and follow-up to ensure that our clients unique needs are met.

## CLINIC HOURS

Monday-Friday, 8:00 a.m.-5:00 p.m.  
Saturday, By Appointment Only

# Executive Function and ADHD Coaching



**Roger E. Lauer, Ph.D.  
and Associates**



*developing unique minds  
& impacting lives*



## WHAT ARE EXECUTIVE FUNCTIONS?

Executive functions refer to key mental skills that are required for learning and paying attention. They help interpret information and remind you to finish tasks.

Think of executive functions as the CEO of the brain. Within any company, the CEO must keep everything running smoothly, integrating many different aspects of a company into an efficient and successful venture. Similarly, executive functions integrate different mental skills to run smoothly and efficiently. Executive functions make sure that everyday tasks are completed from start to finish.

When evaluating executive functions, our clinicians look at performance in three areas:

- **Behavior Regulation**
- **Controlling Emotions**
- **Mental/Cognitive Control**

For more information about our clinicians, or to schedule an appointment, contact our office at **(734) 994-9466**, or email us at **reception@cncld.org**

## WHAT COACHING CAN DO FOR YOU AND YOUR FAMILY

At the **Center for Neuropsychology, Learning & Development**, we offer a research-based Executive Function coaching program for children, adolescents and adults. It is individualized based on their strengths and needs. The program focuses on targeted skill building, combined with creation and implementation of systems to assist with a variety of different areas, including, but not limited to:

- Planning and Organizing
- Goal Setting and Implementation
- Strategic Thinking
- Study Skills
- Test-taking strategies
- Memory Strategies
- Time Management
- Self-Awareness (Motivation, Emotional Awareness)

Executive Function Coaching can provide support to a variety of people with a number of psychiatric and developmental disorders:

- Executive Function Deficit
- Attention Deficit Hyperactivity Disorder (ADHD)
- Autism Spectrum Disorder (ASD)
- Anxiety, Depression, and Mood disorders
- Learning Disabilities (LD)
- Epilepsy, seizures, Tourette's syndrome and tic disorders
- Strokes

## OUR EXPERT CLINICIANS

**Lisa Woodcock-Burroughs, Ph.D, Linda S. Jones, MS, LLP, and Jen McCulloch, LMSW** are three highly capable clinicians that perform the coaching sessions at our clinic.

**Lisa Woodcock-Burroughs, Ph.D**, is both a fully licensed psychologist in the State of Michigan as well as a Nationally Certified School Psychologist. She has provided services in various locations throughout the state and has 10 years' experience as a school psychologist. Dr. Woodcock-Burroughs entered clinical practice in 2014, where she has worked with children, adolescents and young adults, along with their families

**Linda S. Jones, MS, LLP**, is a clinical psychotherapist with over 15 years of experience. She has worked successfully with children, adolescents, and their families who have mood disorders (depression, anxiety), personality disorders, Attention Deficit Hyperactivity Disorder (ADHD), and other learning challenges.

**Jen McCulloch, LMSW**, is a licensed Master's Social Worker and a state certified School Social Worker. She has over 16 years of experience working in this field. Ms. McCulloch's focus with youth includes interventions for students with Autism Spectrum Disorder, Emotional Impairments and Attention Deficit Hyperactivity Disorder. She has extensive experience with special education services and interventions for children with these disabilities.

